



# Gstaad Private Bike Adventures



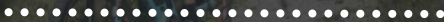
Adventure · Exploration · Relaxation

Tailored Full-Day Cycling Experiences

Discover Switzerland's stunning mountains this summer by **road bike, gravel bike, mountain bike, or e-mountain bike**, exploring extraordinary routes, designed by us, at your own pace.



# WHAT TO EXPECT & HOW IT WORKS



Our full-day bike experiences are designed to be smooth, flexible, and completely tailored to you. From the moment we pick you up in the morning, everything is taken care of so you can simply enjoy the ride.

We specialise in creating exceptional cycling journeys across Switzerland, so you can discover new regions in an active and enjoyable way. Ride through breathtaking alpine landscapes by **road bike, gravel bike, mountain bike, or e-mountain bike**, with routes carefully adapted to your level and preferences.

Some of these rides are designed as **one-way journeys**, so you can truly explore without worrying about the return. We organise everything, from train tickets to private transfers, ensuring a smooth and comfortable journey back, so the day is never too tiring.

We take care of **bike hire, route planning, and expert guiding**, creating a perfectly curated experience from start to finish. Along the way, we can include scenic stops, sightseeing, and carefully selected lunches or gourmet picnic experiences in beautiful locations.

Whether you are an experienced cyclist looking for a challenge or simply want to enjoy a relaxed ride and try something new in beautiful alpine landscapes, we offer a wide range of options to suit **every level**.



# PRICE LIST

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## ✔ Bike tour guide

- Full Day (09:00 – 16:30): **CHF 750**

## ✔ E-Bike rental

- **CHF 89** per day
- Helmet included

\*Please ensure bikes are **fully charged** and **chargers** are packed



## ✔ Mountain bike rental

- **CHF 57** (adults)
- **CHF 38** (children)
- Helmet included

## ✔ Return train transfer

- **CHF 150** per person
- Includes bike transport



## ✔ Additional costs

- Cable car from Gsteig to Col du Sanetsch: **CHF 25** return / **CHF 18** one way

# ROUTE 1: G TSAAD TO MONTREUX

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↔ 46.4 km

🕒 02:26 ⚡

🌀 19.1 km/h ⚡

↗ 980 m · ↘ 1,650 m

▲ Highest point (1,510 m)

▼ Lowest point (390 m)

🏠 Difficulty level ★★★★★



## Gstaad

Start of the ride:  
following river  
path

## Château-d'Oex

Scenic coffee and  
snack break

## Montbovon

The beginning of  
the ascent

## Les Avants

The beginning of  
the decent

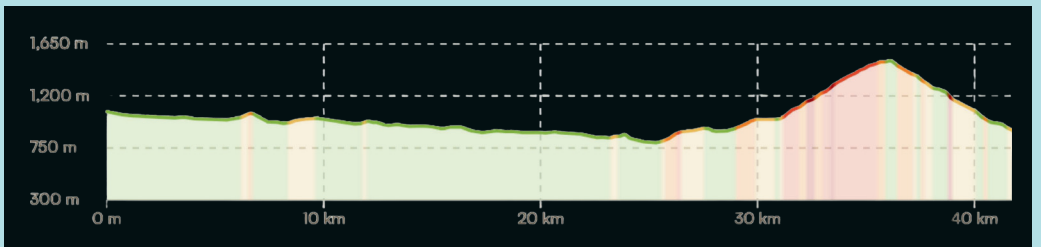
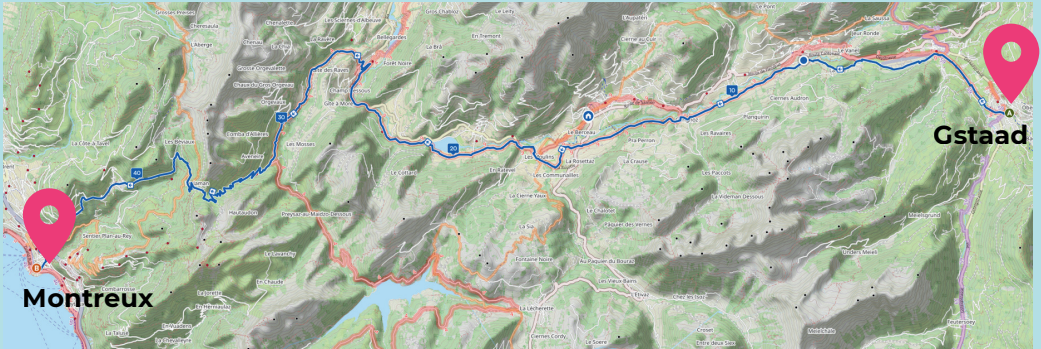
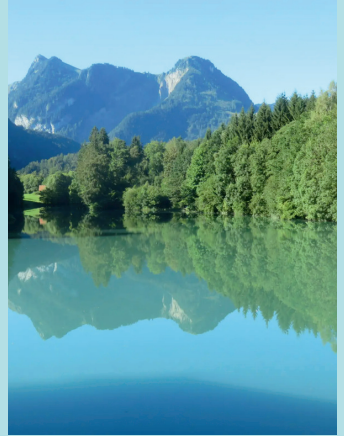
## Montreux

The end of the  
ride & time for  
lunch

Starting in Gstaad, this bike tour follows quiet riverside paths which take you into the Canton of Vaud, passing through the beautiful Parc naturel régional Gruyère Pays-d'Enhaut. The route is mostly flat and easy to ride, following rivers and lakes through small traditional villages, with open views of the surrounding mountains. Toward the middle, there is a gentle climb, followed by a long downhill ride into Montreux on the shores of Lake Geneva. A wonderful place to stop for a lakeside lunch or a refreshing swim, while we take care of your return journey, leaving you free to simply ride, relax, and soak in the views.



# ROUTE HIGHLIGHTS



# ROUTE 2: GSTAAD TO ABLÄNDSCHEN

🕒 02:50

↔️ 39.3 km

🕒 13.9 km/h

▲ Highest point (1,760 m)

▼ Lowest point (1,010 m)

↗️ 1,220 m · ↘️ 1,220 m

📈 Difficulty level ★★★★★



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This loop begins with a steady climb above Gstaad and up Rellerli mountain in Schönried, where you are rewarded with wide panoramic views over the valley. From here, the route continues upward toward Abländschen, following the Juanbach river for part of the way through quiet mountain scenery.

At Abländschen, set high in the mountains, you'll find impressive views and a beautiful traditional church, a great place to stop for lunch before continuing. The route then forms a loop around the other side of Mittelberg (1,679 m), before descending to rejoin the valley, passing through Saanenmöser and Schönried on the way back to Gstaad.



**Gstaad**

Start of the ride

**Rellerli**

Take a break with a beautiful view of the Saanenland Valley

**Mittelberg**

1,679 m

**Saanenmöser**

**Abländschen**

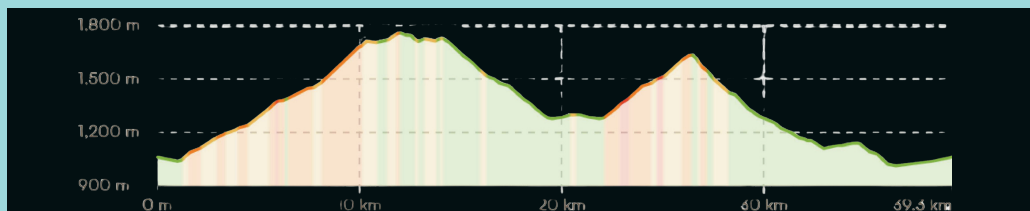
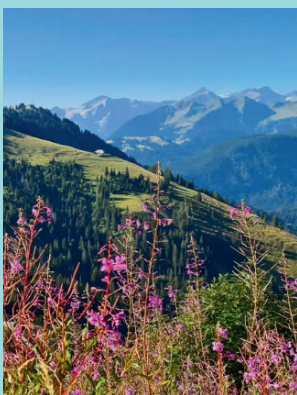
A beautiful village & lunch spot

# ROUTE HIGHLIGHTS

Abländschen



Gstaad



# ROUTE 3: G TSAAD TO S PIEZ

↔ 52.2 km

🕒 02:57

🚲 17.7 km/h

↗ 530 m · ↘ 970 m

▲ Highest point (1,270 m)

▼ Lowest point (610 m)

📍 Difficulty level ★★★★★



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This route heads uphill above the Gstaad toward Saanenmöser, with views over the surrounding mountains before descending into Zweisimmen. From here, the ride becomes calm and easy as you follow the river along the Simmental valley, passing through traditional villages known for their wooden chalets and open farmland. As you reach Lake Thun, the scenery opens into lakeside views, leading to a final descent into the town of Spiez. It's a perfect place to stop for lunch by the water or take a swim before relaxing at the end of the ride.

## Gstaad

Start of the ride

## Zweissimmen

Take a scenic break

## Oberwil im Simmental

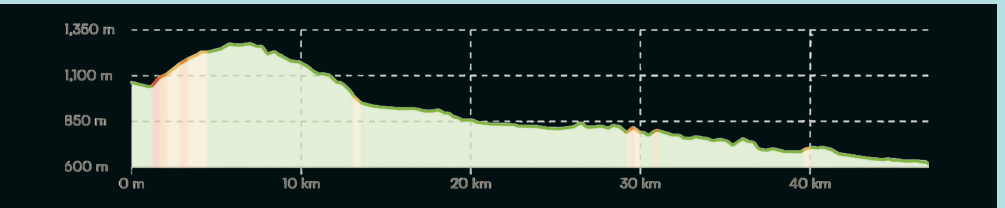
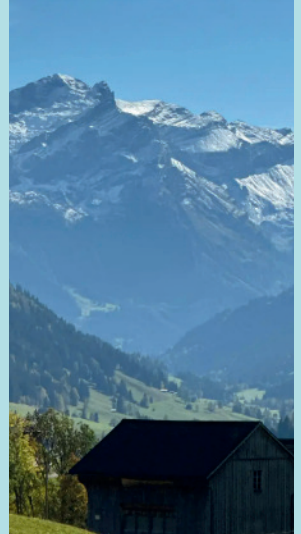
Visiting traditional and unique villages before descending

## Spiez

Final destination



# ROUTE HIGHLIGHTS



# ROUTE 4: G TSAAD TO SION



↔ 41 km

🕒 03:06 ⚡

🌀 16.5 km/h ⚡

↗ 1,480 m · ↘ 2,030 m

▲ Highest point (2,250 m)

▼ Lowest point (510 m)

🏔️ Difficulty level ★★★★★



**Gstaad**

Start of the ride

11km

**Gsteig**

Cable car ride from 1,200 m - Lac de Sanetsch 2,040m

**Lac de Sanetsch**

Enjoy the views before the 415m ascent

35 km

**Sion**

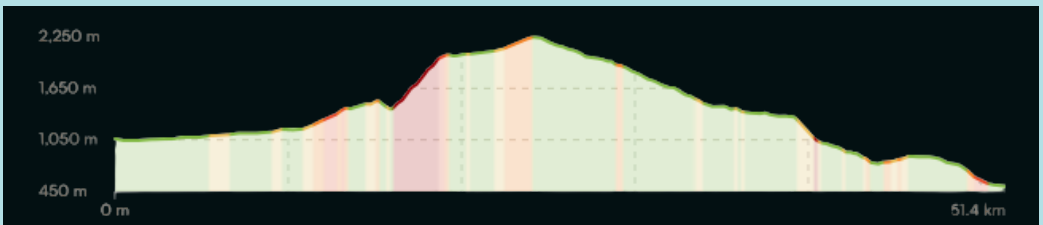
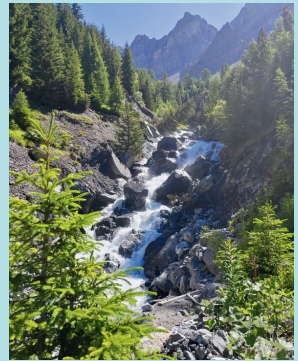
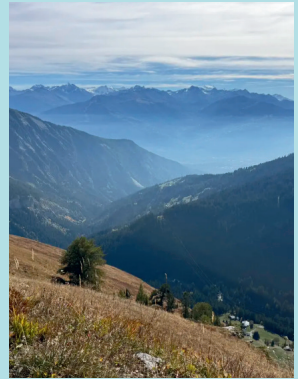
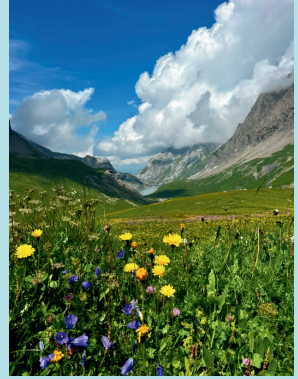
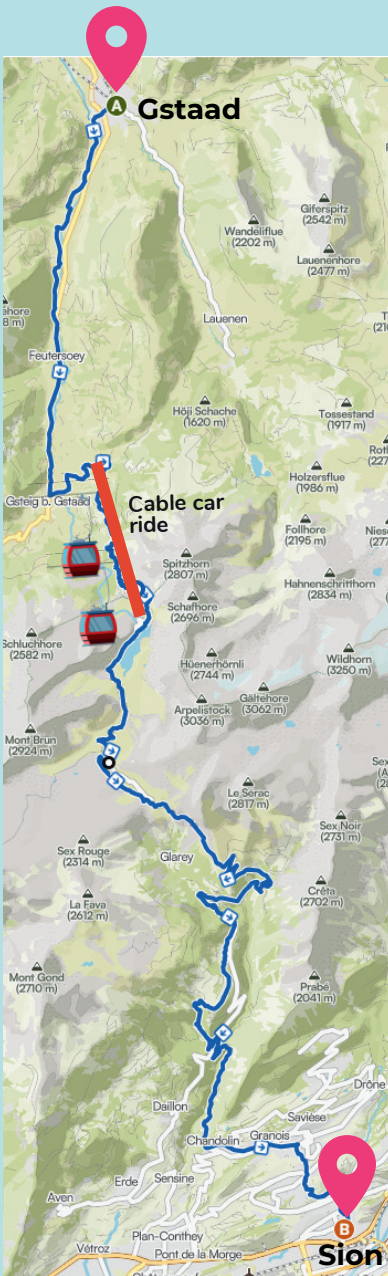
Take a lunch break and recharge before returning

Beginning in Gstaad, this route climbs gently through the valley to Gsteig, where you can take the cable car up into the high alpine landscape of the Col du Sanetsch. From there, a short climb above 2,000 m offers wide mountain views before reaching the pass. This is followed by a long, steady descent through tunnels and dramatic scenery into the Rhône Valley, finishing in the historic town of Sion. The ride is mostly on paved roads and relatively easy thanks to the extended downhill.

Depending on timing and conditions, the return is usually by train. For a more adventurous option, it is also possible to take a bus up the valley, ride toward the Sanetsch area, and return via the cable car to Gsteig before cycling back to Gstaad.



# ROUTE HIGHLIGHTS



# ROUTE 5: GSTAAD TO LENK

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This loop takes you through Schönried and over Saanenmöser before continuing toward Zweisimmen and St. Stephan. The route follows quiet roads along the river, offering a peaceful ride through the Simmental valley. Along the way, you'll pass a scenic waterfall before reaching Lenk, a charming alpine village and a perfect place to stop for lunch. The return journey leads back via Turbach, completing a varied and scenic loop through some of the region's most beautiful landscapes.

🕒 03:04

↔️ 48.4 km

🌀 15.7 km/h ⚡

↗️ 1,200 m · ↘️ 1,210 m

▲ Highest point (1,710 m)

▼ Lowest point (940 m)

🏔️ Difficulty level ★★★★★



**Gstaad**

Start of the ride

**Turbach**

Take a break with a view before descending

**Lenk**

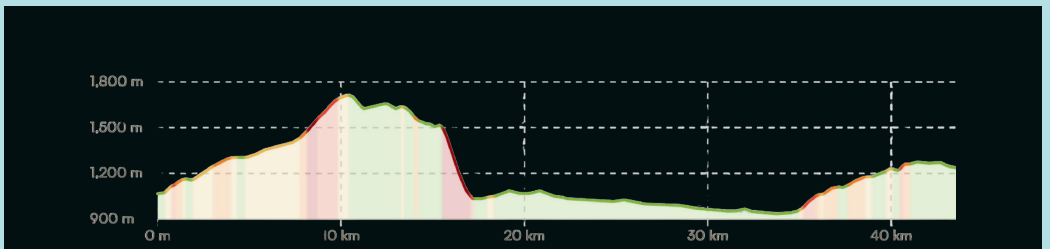
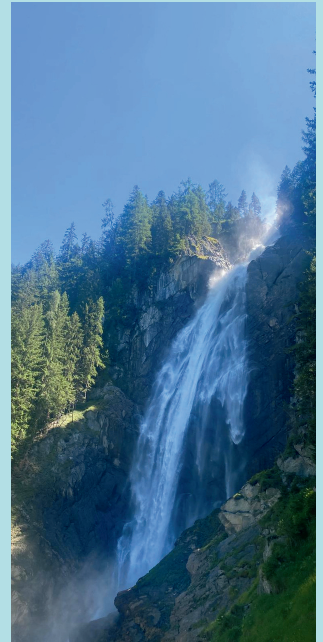
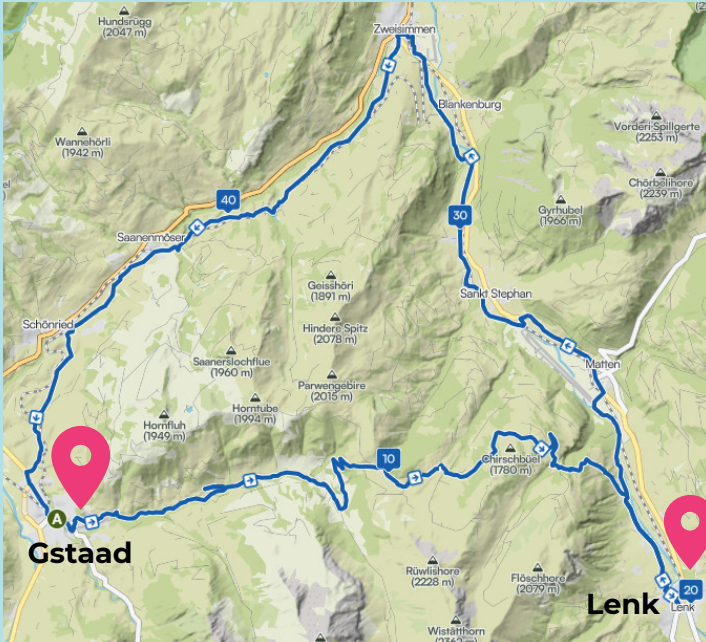
A beautiful village & lunch spot

**Sankt Stephan**

**Zwiesseman**

Take a break with a view and then continue along the river

# ROUTE HIGHLIGHTS



# ROUTE 6: LES SIERNES PICAZ VALLEY

This loop route begins in Gstaad and takes you through a mix of gravel paths and quiet roads, gradually leading into the surrounding alpine landscape. The ride passes through Rougemont and continues along peaceful river sections toward Les Sirènes Picaz Valley, where you can enjoy open panoramic views. Along the way, there are opportunities to stop for short breaks, including scenic viewpoints and waterfalls near Jaun. The route then climbs toward Mittelberg, before looping back down toward Gstaad. This varied route combines riverside riding, gentle climbs, and beautiful natural highlights, making it a well-rounded and scenic day on the bike.

🕒 03:20

↔ 59.4 km

🕒 17.8 km/h

↗ 1,400 m · ↘ 1,400 m

▲ Highest point (1,640 m)

▼ Lowest point (890 m)

🏔️ Difficulty level ★★★★★



## Im Fang

Take in the views, then continue along the river path

## Jaun

Visit the waterfalls

## Mittelberg

1679m, take a lunch break with a view

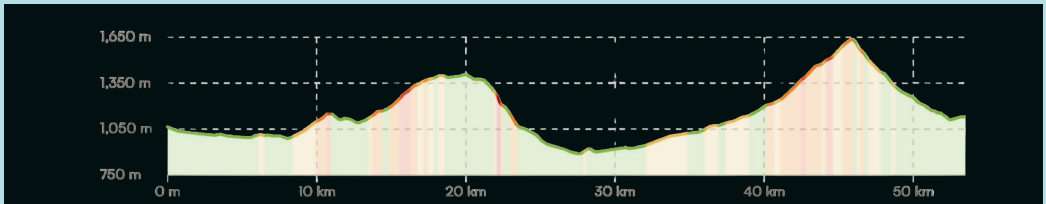
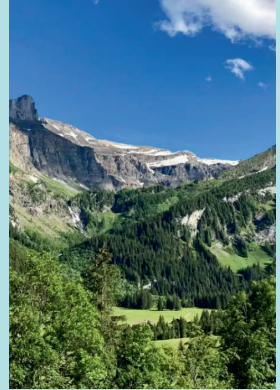
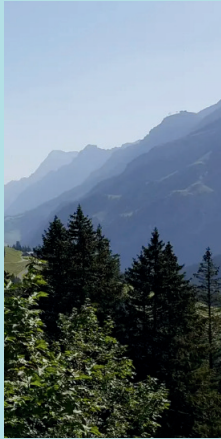
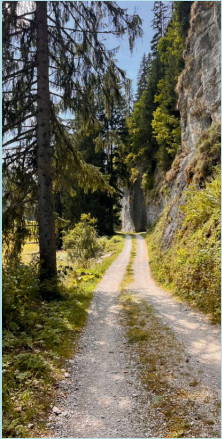
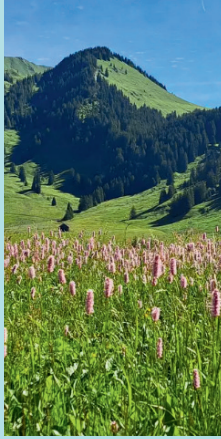
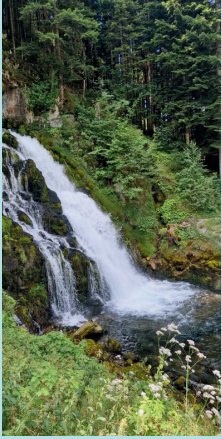
## Rougemont

See the beautiful church before climbing up

## Gstaad

Start of the ride

# ROUTE HIGHLIGHTS



# Get in Touch to Book!



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